Physical Education



About the course

Students gain understanding of the scientific and socio-cultural factors that underpin physical activity, and demonstrate their ability as either performer or coach. Students will need to be analytical in their approach to the theory, whilst also developing excellent evaluation techniques.

Students will study 3 different areas of Sport:

Paper 1 – This paper looks in-depth into the understanding of the human anatomy and how this is effected and impacted by sport.

Paper 2 & 3 – This unit look at the Skill acquisition, Psychology and History of sport. It is designed at looking at how to organise and be a sports coach / Psychologist in order to improve sports performance.

Assessment

There is 3 areas of assessment for A Level PE; Paper 1 = 35% Paper 2 = 35% NEA Coursework = 15% Practical assessment = 15%

STUDENTS MUST BE PERFORMING AND TRAINING TO AT LEAST A GOOD CLUB STANDARD IN ONE ACTIVITY AND BE ABLE TO PROVIDE VIDEO EVIDENCE OF THEIR PRACTICAL PERFORMANCE.





Careers

There are many careers that this A Level can take you onto. As it is classes as a science A Level, this can lead you to not only study sport at University but also any Science subject which can lead to medicine, dentistry, biomedical sciences. It also has a large aspect of psychology therefore this can help with any career such as counselling.

More Sports orientated careers = Sports science; PE teacher; Physiotherapist; Professional sportsperson; sports coach/consultant; Sports policy at local and national level; Diet and fitness instructor; Personal trainer. Also all the Forces are also an option.



Entry Requirements

The first entry requirement is the level of practical ability. Students must be training and performing regularly to at least a good club level in one activity. They should have shown a dedication and commitment to this activity over the duration of their high school education.

Students must also achieve at least grade 4 5 in double award science, and grade 4 and 5 in either combination in English language and English literature. If students have taken PE at GCSE it would be expected that they will have achieved at least a grade 5 on the theory paper.



Theory syllabus <u>click here>></u> Practical Syllabus <u>click here>></u>