

OCR CAMBRIDGE TECHNICAL LEVEL 3: (EXTENDED CERTIFICATE) HEALTH AND SOCIAL CARE

The Cambridge Technicals in Health and Social Care has been developed to meet the changing needs of the sector, and prepare students for the challenges they'll face in Higher Education or employment.

Designed in collaboration with experts spanning the breadth of the sector, the Cambridge Technicals in Health and Social Care focuses on the skills, knowledge and understanding that today's universities and employers demand. Students will practically apply their skills and knowledge in preparation for further study or the workplace. Students will develop professional and personal skills through interaction with people who either work in the sector or require care or support, as well as theoretical knowledge and understanding to underpin their skills. This will allow them to offer specific, person-centred care and support and build positive relationships with the people they are working with, so that their needs and requirements are met whilst they maintain control of their own care and support.



Career ideas:

- Nursing
- Social work
- Counselling
- Teaching
- Childcare
- Policing
- Support work
- Psychologist

'We get to cover a wide range of topics, its a perfect foundation for my nursing degree'

Layout of course: 2 year course - 360 Guided Learning Hours—50% portfolio/ 50% exam

| Year 12 | Year 13 |
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| Unit 1: Building positive relationships in health and social care (Portfolio) | Unit 3: Health, Safety and security in health and social care (exam) |
| Unit 2: Equality, diversity and rights in health and social care (Exam) | Unit 13: Sexual health, reproduction and early development stages (Portfolio) |
| Unit 4: Anatomy and physiology for health and social care (Exam) | Unit 22: Psychology for health and social care (Portfolio) |

There is also an opportunity for you to study a **Diploma** in Health and Social Care. This is equivalent to **2 A levels** and represents 720 guided learning hours. As part of this qualification you will study all the units outline above plus additional units which could cover topics such as; mental wellbeing, nutrition for health, creative activities , looking after young children , sociology for health care, public health and principles of youth work. This will be dependant on option numbers and the curriculum.