



YOU CAN WITH
**CAMBRIDGE TECHNICALS
IN SPORT**



LEVEL 3 CAMBRIDGE TECHNICAL DIPLOMA IN SPORT AND PHYSICAL ACTIVITY

Cambridge Technical Qualifications can be taken to the **EQUIVALENT of 1 A Level (Extended Certificate) Or 2 A Levels (Diploma)**

Entry Requirements: English language and literature grades 4 4, science grades 4 4

Who is the OCR Level 3 Cambridge Technical Certificate/ Diploma in Sport and Physical Activity for?

This qualification is for learners who are 16 years old or over and want to develop their skills in preparation for employment in the Sport and Physical Activity sector. This qualification is not just about being able to play sport or deal with elite athletes; employers need people who are able to develop sports skills for teams and individuals, work with clients and participants to improve their fitness and change their lifestyles and monitor progress and

improvement over time, adapting practices and approaches to suit the needs of individuals. Therefore, this qualification will develop learners' skills in preparation for employment in sports coaching or personal training either through an apprenticeship or directly into work. Apprenticeships that this qualification can lead to include: Advanced Level apprenticeships in Coaching, and Personal Training. Job roles that this could help to prepare you for include Personal Trainer, Assistant Sports Coach, or Sports and Activity Coordinator. It could also provide a route into Higher Education on a sport-related programme such as Sport and Physical Education, Sport Science or Sport Coaching and Development.

Are these qualifications recognised in the UCAS tariff tables?

Yes. You'll find further information on the UCAS website. It's always important for learners to check individual course requirements when applying to university. This course is equivalent to A Level qualifications and the pathway to courses and careers is also equivalent. Courses and careers open to students on completion of this course are very open. Direct sports courses and careers such as sports coaches; teaching; sports centre and leisure managers; physiotherapy, sports massage; sports science and dieticians. Other careers and courses such as business administration, health and Social care are also open. This course does not limit any students applying for courses or jobs it simply opens up opportunities if it is studied at the Extended Certificate award or the Diploma Award.

Our Level 3 Cambridge Technical Extended Certificate in Sport and Physical Activity (1 A Level) has been designed as the perfect vocational alternative to A Level Physical Education. Made up of either five or six units (depending upon units chosen), this qualification provides our students with the knowledge and skills required for progression – making sure they're prepared to progress to degree level, an apprenticeship or employment. There are three mandatory units; Unit 1 Body Systems and the Effects of Physical Activity is assessed by a 90 minute written exam made up of multiple, short or long answer questions. Unit 2 Sports Coaching and Leadership is internally assessed through a centre set assignment. Plus Unit 3 Sports Organisation and Development that's assessed by a 60 minute written exam made up of short or long answer questions. Our students also choose either two or three units from a selection of nine optional units that are all internally assessed.

The Level 3 Cambridge Technical Diploma in Sport and Physical Activity provides (2 A Levels) Our students have a choice of three different pathways that are related to industry sectors: • Coaching, Leadership and Physical Education • Personal Training • Sports Management, Development and Leisure. Our students will complete between five and seven mandatory units (depending upon units chosen), from a choice of eleven or thirteen units. We also provide a choice of optional units for our students to select from, giving flexibility in delivery and allowing our students to specialise in an area of particular interest. This course will be externally assessed by written exams and coursework.